

RACK ROOM RULES

OPEN TO ALL MEMBERS

- **RESPECT THIS SPACE**
- **Clean shoes required**
- **Do not remove equipment from this room**
- **Return equipment to racks & other areas of gym if moved from Turf Room/Free Weight**
- **No rack pulls with new bars - use designated bar**
- **Be respectful with music volume & language (sound travels)**
- **Keep doors closed**
- **Modest attire as entering main gym**
- **SMILE FOR THE CAMERA**

YOU WILL BE CHARGED A CLEAN UP FEE FOR NOT TAKING CARE OF YOUR WEIGHTS!

**DO NOT USE HEX BAR
ON OLYMPIC PLATFORM**



THANK YOU!